

# Moonrakers *Gluten Free Dinner Menu*

## starters

**MARINATED OLIVES 6**  
Kalamata, green olives, herbs

**POMMES FRITES 10**  
House-cut fries, aioli

**CHEESE PLATE 13**  
3 cheeses, nuts, dried fruit, gluten free crackers

**MEDITERRANEAN SPREAD 14**  
Goat cheese, tomato, gluten free flat-bread

**MAC n' CHEESE 16**  
Bechamel sauce, white and mild cheddar, cream, gluten free noodles

## salads

-add chicken \$6; add shrimp \$8

**MIXED GREENS 6(10)**  
Cucumbers, tomatoes, local garuda greens, honey-balsamic vinaigrette

**ROASTED BEET 8 (14)**  
Local garuda greens, bleu cheese, walnuts, pickled onion, honey-balsamic vinaigrette

**ARTICHOKE 8(14)**  
Mixed greens, Parmesan, crispy chickpeas, lemon-champagne vinaigrette

**GRILLED VEGETABLE 16.5**  
Mixed greens, seasonal grilled vegetables, goat cheese, pine nuts, balsamic

**COUNTRY SALAD 17.5**  
Mixed greens, shrimp, bacon, grilled chicken, bleu cheese, balsamic

## MENU



[www.onetwentsix.net](http://www.onetwentsix.net)

## burgers & sandwiches

*Served on gluten free buns or tortillas.  
Beef is sourced from Meyer farms and is house ground*

**BACON CHEESE\* 19.5**  
House-ground Meyer farms beef, Cheddar cheese, bacon, gluten free bun, aioli, fries

**DUTCH BURGER\* 19.5**  
House-ground Meyer farms beef, Gouda cheese, caramelized onions, gluten free bun, aioli, fries

**126 BURGER\* 19.5**  
House-ground Meyer farms beef, brie, bacon, gluten free bun, bacon date aioli, fries

**GUADALAJARAN\* 19.5**  
House-ground Meyer farms beef, pickled jalapenos, pepper jack, guacamole, gluten-free bun, fries

**VEGGIE GUADALAJARAN 16.5**  
house-made patty, pickled jalapenos, pepper jack, guacamole, gluten free buns, fries

**CUBAN PORK SANDWICH 18.5**  
Pulled pork, mozzarella, bacon, served on gluten free buns, house salad

**STEAK SANDWICH 21.5**  
Hanger steak, caramelized onions, aioli, on gluten free buns, house salad

**SHRIMP POBOY 18.5**  
Cajun seasoning, napa slaw, aioli, pepper jack, on gluten free buns, house-salad

**FISH TACOS 18.5**  
House-made corn tortillas, blackened tilapia, citrus salsa (XEC), guacamole

**NO CONTACT CARRY  
OUT - call us at  
319-887-1909 or  
order online:  
[onetwentsix.net](http://onetwentsix.net)**

## entrees

**CHICKEN LINGUINE 23**  
Grilled organic chicken, spinach, herbed tomato and organic cream, gluten free pasta

**MUSHROOM LINGUINE 21**  
Herbed tomato, shiitake mushrooms, spinach and organic cream, gluten free pasta

**VEGAN RICE PILAF & NAVARATAN CURRY 19**  
Vegan, cauliflower, carrots, mushrooms, red pepper, coconut cream

**STEAK FRITES 33**  
Meyer farms all natural hanger, bordelaise sauce, hand cut fries

**CHICKEN BOURGOGNE 23**  
Antibiotic free chicken breast, Dijon cream sauce, mashed potatoes

**SCOTTISH SALMON\* 29**  
Thai fried rice, mushrooms, curried coconut cream

**SHRIMP LINGUINE 25**  
Herbed tomato, spinach and organic cream, gluten free pasta

**LAMB OSSO BUCCO 44**  
Slow braised Colorado grass-fed lamb shank (25 oz), creamy polenta, asparagus

**GRILLED HANGER STEAK 33**  
Meyer farms all natural hanger, whipped yukon gold potatoes, bordelaise sauce, asparagus

**ANCHO RUBBED PORK CHOP 38**  
16 oz Berkshire pork chop, roasted brussel sprouts, maple glaze

**GNOCCHI WITH CRAB 30**  
Herb tomato broth, organic cream, spinach, house-made gluten free gnocchi

**VEGAN STEAK FRITES 21**  
Organic cauliflower steak, asparagus, bordelaise sauce, pommes frites

## house-made desserts

**CHOCOLATE TORTE 8**

**CRÈME BRULEE 8**

**VANILLA ICE CREAM 6**

**BERRY SORBET 6**